

Natural Remedies Tinctures

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| African Potato  | A strong immune booster. Also anti-fungal, detoxing agent, sedative. Is beneficial for urinary and prostate disorders. | 30ml | R14.00 |
| Astragalus  | Stimulates the immune system. Improves digestion and adrenal gland function. | 30ml | R17.00 |
| Bay Rum  | Added to aftershave, cologne, soaps and moisturizers. (A good addition for those making products for men) | 30ml | R18.00 |
| Burdock Root  | Antibacterial. Antifungicide. Often used for helping with diabetic conditions. Regulates the nervous system and the digestive system. | 30ml | R14.00 |
| Calendula  | Externally it soothes the pain of injuries, insect bites and skin irritations. It can also stop bleeding. Internally it is used to relieve fevers and ulcer pain. | 30ml | R19.00 |
| Dandelion Root  | Excellent for the heart and kidneys. It purifies the blood and improves circulation. | 30ml | R14.00 |
| Devil's Claw  | Slight analgesic and anti-inflammatory properties. Can help improve digestive disorders. | 30ml | R13.00 |

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| <p>Echinacea</p>  | <p>Properties: antibiotic, fungicidal and antiseptic. Internally, it stimulates the immune system.</p> | <p>30ml</p> | <p>R14.00</p> |
| <p>Expel Parasite Cleanse</p>  | <p>A tincture containing a mixture of herbs which destroy intestinal parasites.</p> | <p>30ml</p> | <p>R70.00</p> |
| <p>St John's Wort</p>  | <p>External: Helps heal wounds. Astringent, anti-inflammatory, antibacterial.</p> <p>Internal: Has been said to elevate moods.</p> | <p>30ml</p> | <p>R13.00</p> |
| <p>Milk Thistle</p>  | <p>Strengthens and improves the function of the liver. A powerful antioxidant which helps prevent damage by free radicals and replace old, damaged cells.</p> | <p>30ml</p> | <p>R14.00</p> |
| <p>Shingles Relief</p>  | <p>External use only. Applied directly to the shingles blisters, it helps relieve the itchy burning sensation.</p> | <p>30ml</p> | <p>R23.00</p> |
| <p>Swedish Bitters</p>  | <p>Regulates the digestive system and helps heal digestive problems. Helps to restore energy.</p> | <p>30ml</p> | <p>R20.00</p> |
| <p>Thyme</p>  | <p>A powerful disinfectant. Can be used as a gargle for sore throats, laryngitis and tonsillitis.</p> | <p>30ml</p> | <p>R13.00</p> |
| <p>Valerian</p>  | <p>Helps promote sleep. Antispasmodic-can help with menstrual cramps. Eases nervous indigestion.</p> | <p>30ml</p> | <p>R16.00</p> |