

**Combination Herbs**


<p><b>Arthtitis and Gout</b></p>  <p><b>Alfalfa, Parsley, Stinging Nettle, Dandelion, Corn Silk, Gout Kola, Lemon Balm, Feverfew</b></p>	<p><b>Arthritis, Rheumatism, Gout, spasms, inflammation, and detox</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>
<p><b>Asthma &amp; Bronchitis</b></p>  <p><b>Catnip, Horehound. Golden Rod, Chamomile, Thyme, Rosemary, Basil</b></p>	<p><b>Antispasmodic, expectorant, decongestant, anti-viral &amp; antibacterial.</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>
<p><b>Body Boost</b></p>  <p><b>Alfalfa, Mint, Goldenrod, Stinging Nettle, Yarrow, Fennel, Sage, Lavender</b></p>	<p><b>Tonic, stimulant, diuretic, liver function, anti-depressant and anti- spasmodic</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>

<p><b>Cleansing and Detox</b></p>  <p><b>Parsley, Stinging Nettle, Golden Rod, Alfalfa, Plantain, Mint, Fennel, Wild Dagga, Sage, Lavender</b></p>	<p><b>Detox, alkalizes, boosts immune system, anti bacterial, antiseptic, anti inflammatory, clears parasites, supports liver and energizes</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R42.00</b> <b>R9.00</b></p>
<p><b>Colds and Flu</b></p>  <p><b>Yarrow, Mint, Gotu Kola, Thyme, Lemongrass, Catnip</b></p>	<p><b>Decongestant, fever reducing, pain killer, immune booster, anti spasmodic and soothing.</b></p>	<p><b>20g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>
<p><b>Diabetes</b></p>  <p><b>Passionflower, Stinging Nettle, Dandelion, Parsley, Fennel</b></p>	<p><b>Lowers blood pressure, reduces sugar levels, clears toxins, and reduces inflammation.</b></p>	<p><b>25g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>

<p><b>Eczema</b></p>  <p><b>Stinging Nettle, Lemon Balm, Parsley, Yarrow, Lavender, Chamomile, Marigold, Burdock</b></p>	<p><b>Anti allergenic, antiseptic, detoxifying, anti inflammatory and carminative.</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>
<p><b>High Blood Pressure</b></p>  <p><b>Parsley, Yarrow, Passion Flower, Dandelion, Raspberry Leaf, Mint, Wild Dagga</b></p>	<p><b>Relaxant, lowers pressure, relieves stress, reduces palpitations and tones circulation.</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R44.00</b> <b>R9.00</b></p>
<p><b>Immune Boost</b></p>  <p><b>Gotu Kola, Lemon Balm, Passionflower, Dandelion, Elder Flower, Cancer Bush</b></p>	<p><b>General tonic, anti bacterial, anti viral, anti oxidant and strengthens immune system.</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R42.00</b> <b>R9.00</b></p>
<p><b>Kidney and Bladder</b></p>  <p><b>Parsley, Stinging Nettle, Golden Rod, Alfalfa, Plantain, Mint,</b></p>	<p><b>Prevents kidney stones, diuretic, urinary infections, reduces inflammation, bladder antiseptic, alkalizes body, detox, anti bacterial, better kidney function and relieves backache</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R42.00</b> <b>R9.00</b></p>
<p><b>Migrane</b></p>			

 <p><b>Feverfew, Catnip, Lavender, Alfafa</b></p>	<p>Prevents migraine headaches, nausea, allergies associated with headaches, eases tension headaches, and assists with the detoxification of the body.</p>	50g	R60.00
<p><b>Regenerating Tea</b></p>  <p><b>Calendula, Elderflower, Plantain, Alfafa, Melissa, Parsley, Sage, Yarrow, Dandelion, Sutherlandia, Stinging Nettle, Golden Rod Wilde Als, Peppermint, Lavender, Clove, Ginger, Cayenne, Lemongrass</b></p>	<p>Stimulates: liver, gall bladder, digestive system, blood circulation, kidneys, and immune system. Rich in minerals, vitamins, phytochemicals, isoflavins. Soothes: digestive system and mucous membranes. Supports the heart. Astringent, detoxifying, anti-inflammatory, anti-septic</p>	30g	R58.00
<p><b>Relaxing</b></p>  <p><b>Lemon Balm, Lemon Verbena, Lemon Grass, Passiflora</b></p>	<p>Cooling and sedative. It helps with nervous disorders, anxiety sleeplessness and palpitations. Relieves muscle spasms.</p>	50g	R42.00
<p><b>Sleepeeze</b></p> 	<p>Sedative, hypnotic, anti-spasmodic, painkilling, relaxing, reduces irritability and induces natural sleep. Positively influences</p>	50g	R44.00
		10g	R9.00

<p><b>Passiflora, Melissa, Mentha, Catnip, Chamomile</b></p>	<p>mind and emotions.</p>		
<p><b>Slimmers</b></p>  <p><b>Parsley, Stinging Nettle, Golden Rod, Alfalfa, Plantain, Mentha</b></p>	<p>Helps reduce swelling, diuretic, cleanses and detoxifies, alkalizes and moderates the effect of diabetes.</p>	<p>50g</p>	<p>R42.00</p>
<p>10g</p>			<p>R9.00</p>
<p><b>Tummy Tea</b></p>  <p><b>African Wormwood, Fennel, Lavender, Mixed Mints, Comfrey, Thyme</b></p>	<p>Aids appetite, colic, indigestion and eradicates intestinal worms. Anti-spasmodic. Smooths muscle lining of digestive tract. Good antioxidant. Pain reliever. Used to treat nausea, spastic colon, gall bladder, gastritis, enteritis, stomach ulcers and irritable bowel syndrome</p>	<p>50g</p>	<p>R34.00</p>
<p>10g</p>			<p>R 7.00</p>
<p><b>Ulcer Relief</b></p>  <p><b>Comfrey, Stinging Nettle, Calendula, Lemon Balm, Fennel</b></p>	<p>Used to treat gastric and duodenal ulcers. Anti-inflammatory, soothes the digestive system, useful for nervous stomach disorders, reduces intestinal spasms and colic.</p>	<p>50g</p>	<p>R56.00</p>
<p>10g</p>			<p>R12.00</p>
<p><b>Wonder Clean</b></p> 	<p>Used for : Acne, Allergies, Anemia, Arthritis, Bronchitis, Cellulite, Colds, Cough, Cystitis, Diarrhea,</p>	<p>50g</p>	<p>R34.00</p>
<p>10g</p>			<p>R 7.00</p>

<p><b>Stinging Nettle, Buchu, Bloublomsalie, Wildeals, Wild Dagga, Wynruit</b></p>	<p><b>Eczema, Fatigue, Food Allergies, Gout, Hay Fever, Headache, Head Failure, Hemorrhoids, Hypertension, Infertility Jaundice, Kidney Infection, Kidney Inflammation, Kidney Stones, Neuralgia, Night Sweats, Obesity, Edema, Premenstrual, Prostatitis, Psoriasis, Rheumatism,, Sinusitis, Tuberculosis, Urinary Infections, Varicose Veins</b></p>		
<p><b>Women's own</b></p>  <p><b>Sage, Lemon Balm, Raspberry Leaf, Lavender, Yarrow, Valerian</b></p>	<p><b>Reduces night sweats, anxiety, depression, palpitations and headaches. Strengthens the uterus and decreases excessive menstrual flow. Reduces irritability</b></p>	<p><b>50g</b> <b>10g</b></p>	<p><b>R51.00</b> <b>R11.00</b></p>